

▼ October
2022-2023

Issue 3

SANKARA SPOTLIGHT



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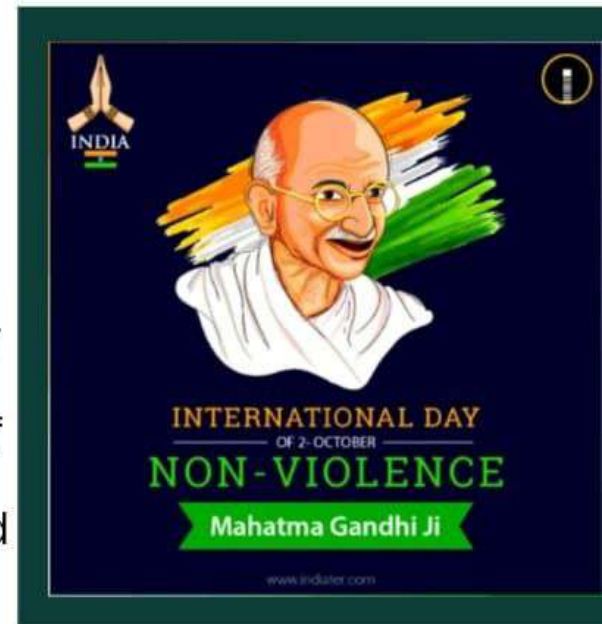
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Designing & Editing done by
Jasmitha.L 8A

Important dates of October

October 2 – International Day of Non – Violence

We all know that October 2 is Gandhi Jayanthi. But October 2 is also the day for Non – Violence. Actually, both these days are inter – connected. International Day of Non – Violence commemorates the birthday of Mahatma Gandhi who followed Ahimsa (Non – Violence).



October 5 – Vijayadashami

Being the last day of Navarathri, the word Vijayadashami means '10 th day of Victory'. Goddess Durga battled with a terrible demon called Mahishasura. The war continued for 9 nights (Navarathri) and Durga won on the 10 th day which is celebrated as Vijayadashami. For sure, everyone must have known this popular story. People begin new tasks on this day as it is believed that all the works will be successful when started on



- Ananya.M
8A



Important dates of October

October 11 – International Day of the Girl Child

This day is celebrated to empower girl children and help them. A few decades ago, the girls had to face so many challenges to survive in the world. It was first established on 11 th October 2012 by the United Nations General Assembly. The first motto was to “End Child Marriage.”

October 16 – World Food Day

Food is one of the most vital things that everyone requires. World Food Day is celebrated to help people who cannot afford a proper and healthy diet. Starvation is a major problem caused due to the increasing of population. “Leave NO ONE behind” is the theme for World Food Day 2022.

- Ananya.M
8A

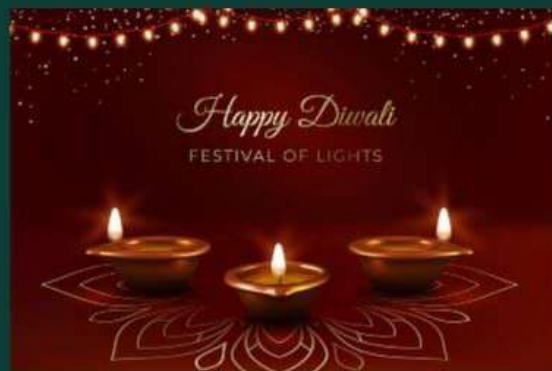
The Arctic Article

Diwali The Festival of Lights

Diwali, also known as the festival of lights is one the most important festivals celebrated. It generally lasts for five to six days between mid-October and mid-November. But, Why do we celebrate Diwali? Where did this all start?

History

Every one of us is familiar with the festival of lights but not many people know why it is celebrated. During the treta yuga, Rama was sentenced to serve 14 years of exile along with his brother Lakshmana and his wife Seeta. They spent these days in a forest secretly, without the knowledge of anyone knowing that they were part of the royal family. If, somehow, their true identity was revealed, they would have to re-spend the innumerable days all over again. Fortunately, the 14 years passed without their identity slipping out. It was a cold night when they returned back to the kingdom. So, the villagers illuminated the path by placing diyas in each of their house's doorsteps. This triumphant day is what we now celebrate as Diwali.



Festivity

To this day, we still heed our traditions by offering our relatives, friends and neighbours with wonderful gifts and delicious sweets. We never miss out to buy grand new clothes to wear each year. The best part of Diwali however, is bursting crackers of course! Don't we all love the thrill of the atom bomb abruptly exploding and brightening the night with a flowerpot? It is amusing indeed. But to enjoy the festival without any regrettable consequences, we must celebrate a safe Diwali.

Safety Measures To celebrate a safe Diwali, there are some things which has to be followed:

- Always have a bucket of water next to you in-case anything catches on fire. - Avoid wearing synthetic clothing while bursting crackers as it is easily flammable.
- Avoid doing stunts by holding crackers in your hand or by attempting to toss it on someone. It might sound fun but it doesn't take much time for the tables to turn.
- Watch out for animals in the area. The noise of the bombs may not sound as loud to us, humans but animals highly sensitive to loud sounds.
- Burst a limited number of crackers as it releases toxic gases into the environment and affects the animal life.

The Diwali season is for sure the favourite time of the year for all of us. Just the thought of gazing into the night sky and watching all those magnificent fireworks go off gets us fired up. So, I wish you all a happy and safe Diwali this year!

- Madhuvanthi and

Sahana

8A



Door For Readers

No one knows

No one knows how it feels like
To move in the speed of
light
In a plane, bike or a car
To an unknown place so
far



No one knows how it feels like
To go deep underwater
Exploring diverse varieties of fish
Which is an eternal wish.....



No one knows how it feels like
To have the most supreme companions
Who gives us the spirit
During the hardest times of life.....



- Ananya
8A



Add a pinch

HOW TO MAKE NUTS CUSTARD

Ingredients:

Almonds – 4tbsp

Pistachio – 4tbsp

Cashew – 4tbsp

Milk – ½ litre

Custard powder – 3tbsp

(Honey/sugar if required)

Preparation:

- ▣ Firstly, soak the nuts in in hot water for 10- 15 mins.
- ▣ peel off almond's skin.
- ▣ Next grind all the nuts with milk into a smooth paste.
- ▣ In a stock pot add milk and cook it on low flame for 5-10 mins. Stir it frequently
- ▣ Meanwhile mix custard powder with 4tbsp of milk.
- ▣ Then, pour the custard mixture and the nuts paste into the stock pot with milk.
- ▣ Milk will thicken into a creamy custard.
- ▣ Finally serve it hot with some chopped nuts.

BY Subhathra and
Arundhadhi (8A)

WORD PRESS

Play with words

oppugn: Questioning belief/truth/fact.

Quaff: Drinking something with joy/pleasure.

Fulminate: Protesting against something.

Ineffable - Cannot be expressed in words.

Nimble - To be able to move swiftly.

Mettle - The bravery and courage during hard times.



Try now!!

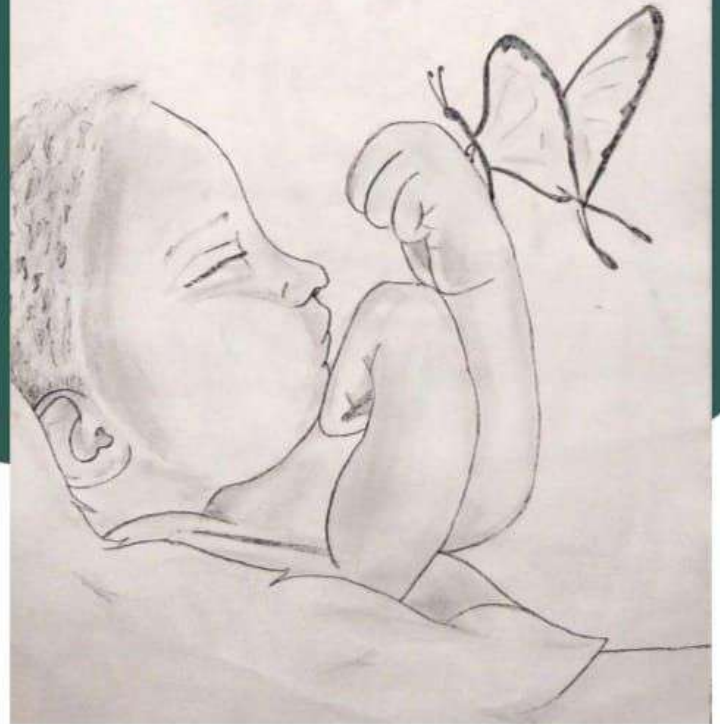
Quiz time!!

1. The thief _ _ _ _ _ easily through the crowd.
2. The jackal ----- the water as if it had not drunk anything for weeks.
3. All the buses has stopped as the citizens started to -----, opposing the government's newly - made law.
4. She has written the article so well that it is _ _ _ _ _
_
5. Meera ----- the teacher's statement, make her dumbfounded, unable to answer.
6. One should practice _ _ _ _ _ to manage hard times.

Answers: 1. Nimbled 2. Quaffed 3. Fulminate 4. Ineffable
5. Oppugned 6. Mettle

CREATIVITY POOL

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